

Food Service and Nutrition

Lexington District One knows how important healthy meals are to children and their ability to learn. That is why the Food Service and Nutrition Office is committed to providing students with appetizing, nutritious and delicious meals each year.

Once COVID-19 restrictions are lifted, parents can join their children for breakfast or lunch by paying the adult meal price. Since schools have different procedures for parent visits, please check with your child's school in order to find out that school's process for signing in and eating with your child.

Meals, foods and beverages sold or served at school meet state and federal requirements based on U.S. Department of Agriculture Dietary Guidelines, and are prepared and served by qualified child nutrition professionals.

The district provides students with access to a variety of affordable and appealing foods that meet the health and nutrition needs of students, emphasizes good nutrition and follows a meal pattern approved by USDA.

What is a meal?

- A lunch meal (five items) consists of a meat/meat alternative (such as cheese), vegetable, fruit, grain/bread and milk.
- A breakfast meal (four items) consists of a meat/meat alternative (such as cheese), fruit/vegetable, grain/bread and milk.
- USDA policy requires a student to have three of the five meal items at lunch and three of the four meal items at breakfast.
- For lunch, one of the three items must be a fruit or vegetable. For breakfast, one of the three items must be a fruit. Otherwise, the student is charged an individual price for each item.

Breakfast and lunch for students will be provided at no cost during the 2021–2022 school year. Families are encouraged, however, to complete the online meal applications for the 2021–2022 school year, which determines eligibility for other benefits, including P-EBT funding, scholarships, reduction in school fees, camp fees waived or reduced, ACT/SAT fees waived or reduced, etc.

Free or Reduced-Price Meal Applications

Parents can find the application for free or reduced-price meals for their children online by going to the district's website at www.lexington1.net, choosing the tab "DEPARTMENTS," clicking on "Food Service and Nutrition" from the drop-down box, selecting "Meal Benefit Application," then clicking on "Apply Now."

Parents can begin to apply for free or reduced-price meals on July 21, 2021. Parents must submit a new application each year. Only one application per family is needed. Please list all family members on one application.

If your family's financial situation changes, your family can complete the application for free or reduced-price meals for your child/children at any time during the school year.

When submitting a second application, please provide copies of your family case number if receiving food stamps (not the EBT number) or your paycheck stub for the most recent month in order to provide your gross income.

Food Service and Nutrition website

The Food Service and Nutrition office encourages you to visit their website often. You can find school menus, articles on nutrition and tips. You can sign up to make online payments, monitor what your child has eaten and when, and apply for free and reduced-price meals.

Food Service goes green!

In order to reduce the district's carbon footprint and "go green," the Food Service and Nutrition office offers parents the option to access school menus from the Food Service and Nutrition webpage or from the MealViewer mobile app.

The MealViewer app is available FREE in the app store and on Google Play for free.

Parents can set up parent and student profiles for each school where they have a child attending. MealViewer also allows students and parents to track nutritional content and set allergen alerts. Students may also rate the food using the MealViewer app.

To sign up, just go to the district's website at www.lexington1.net, choose the tab "DEPARTMENTS," click "Food Service and Nutrition" from the drop-down box and click on "Menus."